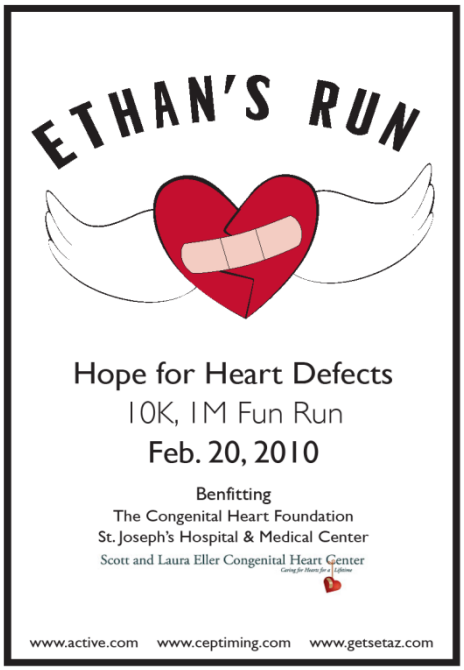


Location: 3120 N. Red Mountain Mesa, AZ 85207In the Community of Las Sendas

Course: It will be on a paved loop through the HILLS of Las Sendas. The 10K will be chip timed. There will be 2 water stations along the course. Bathrooms will be available at the start/finish line. The 1-mile fun run/walk will NOT be timed. The fun run course has slight incline and decline.

Race Day Events: 7:15am Check-in & on site registration (cash) begin
8:20am line up for 10K
8:30am 10K begins
8:45am Fun run/walk begins
8:30-10:30am Family fun zone (park, bounce houses provided, snacks available)

Fees: 10K $20 (includes shirt ) if register before February 7, 2010 Fun run/walk $12 (includes shirt) if register before February 7, 2010 *add $5 starting February 8, 2010 for registration. No mail in registration postmarked after Feb. 7, 2010. Walk up registration available day of event with cash only (shirt not guaranteed).

*children do not need to be registered for the fun run/walk
*strollers welcome at the back of the race crowd

Timing & Awards: 10K event to be chip timed by CEP Timing.Chips to be returned at end of race. Medals provided to 10K winner and runner up male & females by age group 19 & under / 20-29 / 30-39 / 40-49 / 50-59 / 60 +.Medals to top 3 Fun Run finishers.

Questions??? Email: ethansrun@live.com Online Registration: active.com

Checks payable to: Ethan's Run Mail to: Ethan's Run 3514 N. Ladera Cir. Mesa, AZ 85207 Mail Event Registration (circle one):
10K Fun Run/Walk

Last Name First Name

Address

City State Zip Code

Birthdate Age Phone number ( )

Gender M / F Free Shirt Size - Adult S M L XL XXL

Chip ID (if you own one)

In considering the foregoing, I , for myself, my heirs, my executor, my administrators, and my trustees, waive and release any and all rights and claims for any injuries and damages, including but no limited to demands or actions for negligence, premises liability, emotional injury, intentional conduct, tort claims, and any other actions or demands of whatsoever nature, I have or may have against Ethan's Run, CEP Timing, Las Sendas Community Association, City of Mesa, USATF, sponsors and the directors, representatives, employees, volunteers, and principals of these forenamed organizations. I acknowledge that I am aware that there are risks involved in these events and I voluntarily assume these risks. Further, I hereby grant full permission of any and all of the foregoing to use my name, my voice, and/or my picture in any broadcast, telecast, advertising, promotion, or other account of this event for any purposes whatsoever. By signing this waiver, I acknowledge full responsibility for any and all minors participating with me.**I understand I am required to return the chip timing device issued to me or I will be liable for a $75 replacement fee.**

Entrant

Signature (or parent if under 18) Date