



YÉEGO – “TRY HARDER” IN NAVAJO

**RUN WEST  
WITH  
THE HEARD**

**at Heard Museum West**

# NOVEMBER 21, 2009

**Rain or Shine.** Day-of-Race Registration: 7 a.m. All events start at 8:30 a.m.  
10K, 5K Run, 5K Walk, 1 Mile Fun Walk, 100-yard Kids' Dash (Kids' Dash is free)

## Registration by mail:

*complete form by mail or register online at [active.com](http://active.com) or [heard.org](http://heard.org)*

Name \_\_\_\_\_

Address \_\_\_\_\_

City and State \_\_\_\_\_

Zip \_\_\_\_\_

Phone *(with area code)* \_\_\_\_\_

Email \_\_\_\_\_

### AGE CATEGORIES:

- Kids' Dash (9 and younger)   
  10-14   
  15-24   
  25-34   
  35-44  
 45-54   
  55-64   
  65-74   
  75 plus

AGE ON RACE DAY \_\_\_\_\_  Male     Female    T-SHIRT SIZE     S     M     L     XL     XXL

EVENT:     10K     5K Run     5K Walk     1 Mile Fun Walk     100-yard Kids' Dash (Free)

### EVERY PARTICIPANT MUST SIGN THIS WAIVER! Participant's Agreement, Waiver, Release and Acknowledgment.

I know that participating in a road race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat or cold, traffic and the conditions of the road, all such risks being known and understood by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Heard Museum, volunteers, the City of Surprise, and any and all event sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature *(if under 18, parent/guardian must sign)* \_\_\_\_\_

Date \_\_\_\_\_

### ENTRY FEE

- |  |      |
|--|------|
| <input type="checkbox"/> By 11/21/08   | \$20 |
| <input type="checkbox"/> Day of the Race   | \$30 |
| <input type="checkbox"/> Sleep In Entry<br><i>(this is a donation)</i>                   | \$20 |
| <input type="checkbox"/> Family Fee<br><i>(2 adults + 2 kids<br/>age 15 &amp; under)</i> | \$40 |

**Make checks payable to Heard Museum. Mail entry to: Heard Museum, 2301 N. Central Ave., Phoenix, AZ 85004**

Or register online at [heard.org](http://heard.org) or [active.com](http://active.com) • Registration is available at all three Heard Museum locations.

**No Refunds**

**Heard Museum West**

16126 N. CIVIC CENTER PLAZA  
SURPRISE, AZ 85374  
623.344.2200 [HEARD.ORG](http://HEARD.ORG)

# Map to Heard Museum West

