



2019 ARR Grand Prix Mile

Tuesday April 16, 2019 at Shadow Mountain High School (*heats are combined*)

	Name	Time	Heat
1	Richie Johnston	5:12.5	GP 1
2	Charles Van Der Walt	5:27.9	GP 1
3	Mike Williamson	5:58.2	GP 1
4	Jim Gibson	6:04.1	GP 1
5	Ken Knierim	6:08.5	GP 1
6	Katherine Nierva	6:14.1	GP 1
7	Richard Johnston	6:25.6	GP 2
8	Steve Greenspan	6:35.6	GP 2
9	Joseph Johnston	7:13.1	GP 2
10	Gary Greirson	7:22.8	GP 1
11	David Leshner	7:25.6	GP 2
12	Jessica Varney	7:36.3	GP 2
13	Leah Tatum	7:44.2	GP 2
14	Mitch Moritomo	7:44.6	GP 2
15	Kevin Jenkins	7:47.7	GP 2
16	Paula Murray	7:50.6	GP 2
17	Michelle Bales	8:21.8	GP 2
18	Charlie Balchumas	9:19.8	GP 2
19	Marty Michelson	10:29.9	GP 2