## ARR OPEN MILE APRIL 7, 2026 6:30 pm

**HEAT # 1**

| Place | Name | Time |
|---|---|---|
| 1 | James Dueling | 04:55.9 |
| 2 | Dalton Cowan | 05:10.8 |
| 3 | Daniel Luedders | 05:11.8 |
| 4 | Elias Guzman | 05:23.4 |
| 5 | Flash Santoro | 05:28.5 |
| 6 | Kaleb Lobry | 05:54.5 |
| 7 | Malcom McGuire | 06:02.4 |
| 8 | David McVicker | 06:02.8 |
| 9 | Alfonso Hernandez | 06:06.0 |

**HEAT # 2**

| Place | Name | Time |
|---|---|---|
| 1 | John Wlasuk | 06:09.5 |
| 2 | Gabriella Kelly | 06:17.0 |
| 3 | Nate Curtisi | 06:20.6 |
| 4 | Timmy Soukup | 06:40.1 |
| 5 | Randy Baum | 06:45.7 |
| 6 | Bisi Whitney | 06:49.6 |
| 7 | Ryan Whittington | 06:57.9 |
| 8 | Casey Ball | 06:59.5 |
| 9 | Kent O'Donnell* | 07:08.0 |
| 10 | Ray Soukup | 07:48.2 |
| 11 | Issac Pittawau | 07:57.2 |

* Virtual runner from The Congo

**HEAT # 3**

| Place | Name | Time |
|---|---|---|
| 1 | Catherine Alonzo | 07:23.3 |
| 2 | Steve Greenspan | 07:37.1 |
| 3 | Eva Becker | 07:48.1 |
| 4 | Kaitlyn Warner | 08:17.1 |
| 5 | Kristine Vu | 08:23.2 |
| 6 | Robert Sittanway | 08:24.5 |